March 7, 2016

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HEALTH FACILITIES & SERVICES REVIEW BOARD

16-001

Illinois Dept. of Public Health 525 W. Jefferson – 2nd floor Springfield, IL. 62761

Attention: Ms. Courtney Avery, Administrator

RE: Opposed to Palos Hospital South Campus Expansion

Dear Ms. Courtney Avery:

The Palos Health & Fitness Center's warm water pool is the only one in this area and it is very important to the health of our members. I have had three hip replacements since I was 26 years old due to a disease that destroyed the lining in my hip joint. And now I will need to have a knee replacement. This warm pool allows me and many others to do aerobics and exercise without pain.

The lap pool enables many MS, Arthritics, and other disabled people to move freely. There is no other facility that can provide what the warm water and lap pools provide. Without these pools and our instructors, the health of the disabled and senior members will deteriorate. Also, our instructor's must be certified and this is not a requirement at the other fitness centers.

So many people are going to be displaced with this closure, and the shame of it is that this building is going to be torn down to build an underground parking lot. We implore your help in keeping this facility open.

Respectfully yours,
M. Alwess

Therese M. Serviss 13630 Thornton Rd.

Blue Island, IL. 60406

708.597.3975

thereseserviss@gmail.com

#save PHFC