

UHS Universal Health Services, Inc.



Partnership Proposal: Operation Chicago

Suicide is recognized as a chronic epidemic. Despite the overwhelming numbers, the Tragedy of suicide is hidden by stigma, myth and shame. The stigma surrounding suicide serves to restrict prevention and intervention. Additionally, many people have the mistaken notion that talking about suicide causes it to happen. Today, experts agree that suicide is preventable. We must, as a society, reverse the many years of stigma that continue to keep people from discussing suicide.

--- 2007 Illinois Suicide Prevention Strategy Plan

Nationwide, suicide is the 3rd leading cause of death for young people ages 10-24. In Illinois, youth suicide pivots from 2nd to 3rd leading cause of death. Suicide is the 2nd leading cause of death for our college-age youth and 4th leading cause for youth ages 10-14. In Illinois, individuals ages 15-19 have the highest suicide attempt rate for all ages in Illinois. In 2006 (latest report SPRC), there were 1,222 hospitalized suicide attempts by youth under the age of 19 years old. The average medical cost per attempt was \$6,900 – this represents a total cost of over \$8.4 million dollars in medical cost. Suicide, as stated within the Illinois State Suicide Prevention Strategy Plan, is truly a "chronic epidemic" in Illinois...costly millions of dollars in medical expenses and most importantly and the highest cost to Illinois is the loss of young bright lives – the future of Illinois.

In June 2010, the State of Illinois became the 5th state to pass The Jason Flatt Act (Illinois Bill HB4672) which helped put Illinois in the forefront nationally in providing training to educators in youth suicide awareness and prevention. The Jason Flatt Act requires that school districts provide training in suicide prevention and identification of warning signs of teen suicidal behavior to guidance counselors, teachers and other school personnel who work with students in grades seven through twelve. The training also provides school staff / educators with appropriate examples of intervention and referral techniques. In Tennessee, the first state to pass The Jason Flatt Act (2007), schools have experienced a 31.4% reduction in teen suicide rates over the past 5 years while all other age groups show increases.

Education is the base for a successful campaign for suicide awareness and prevention. On top of the base, tools and resources must be available to assist in identification and assisting at-risk youth for suicide. This proposal helps provide both of these essential parts. Of course, no ONE organization can successfully address such a complex and widespread public health issue as suicide — it will take a collaborative effort of many private and public organizations. This proposal is a beginning of such a building of collaboration.

The Collaborative Partners for Operation Chicago:

<u>Chicago Public Schools:</u> Chicago Public Schools is the third largest school district in the United States with more than 400,000 students enrolled. CPS Crisis Management has a long history of working with UHS's Hartgrove Hospital in meeting the needs of children who are experiencing significant emotional distress. This collaborative relationship extends not only to meeting the needs of students in crisis in the school setting, but also to students with serious mental health issues that require hospitalization.

The Jason Foundation: The Jason Foundation, Inc. (JFI), a 501 (c)(3) non-profit is recognized as a national leader in youth suicide awareness and prevention. JFI began in 1997 and today is one of the largest non-profits addressing youth suicide with locations in 33 states and serving all fifty. JFI is the national leader in providing In-Service Training in Youth Suicide Awareness and Prevention for educators. Since January 2009, JFI has provided training for over 356,000 educators. JFI also provides programs for youth, educators / youth workers and communities (adults).

<u>Universal Health Services:</u> Universal Health Services, Inc. (UHS) is one of the country's largest and most respected hospital management companies and the leading provider in the behavioral industry. UHS serves as JFI's National Clinical Affiliate.

Project: Operation Chicago

Every two years, the US Department of Health & Human Services / Centers for Disease Control and Prevention (CDC) release the Youth Risk Behavioral Study (YRBS). In the latest study (2009), Chicago youth showed an increase in several categories both above the state and national percentages concerning youth suicide. Chicago youth were almost 3% higher than the state and nation in areas concerning possible depression within the past twelve months that disrupted their lives. As to the number of youth who attempted suicide in the past twelve months, Chicago youth ranked 4% over that of the state of Illinois and double that of the national norm.

Universal Health Services , in partnership with The Jason Foundation and the Chicago Public Schools / Crisis Management Unit ("CMU"), proposes to provide two full time personnel to support two existing CPS offices, one a "Field" Office at an existing Chicago Public School and the other at the CPS Crisis Management Central Office (125 South Clark Street) with each office staffed with one full time personnel. At the discretion of CPS Crisis Management and in

collaboration with JFI and UHS, Operation Chicago will staff one "field office" with a full time clinician to assist with the coordination and the delivery of programs and services that will help provide the information, tools and resources to assist in identification and assistance of at-risk youth for the Greater Chicago area. UHS will fund the direct costs for the Project up to One Hundred Thirty-Five Thousand Dollars (\$135,000) ("Funds"). The Funds shall be used for the purposes set forth in the Consent Agreement and Request for Final Order between UHS and the Illinois Health Facilities and Services Review Board ("Consent Agreement"). The term of the Project shall commence on the first day of training (expected to commence on July 1, 2012) and shall continue until thirty (30) community trainings have been completed, but not less than one (1) year ("Term").

It is agreed that for the duration "term" of Operation Chicago, as described within this document (term of the Project shall commence on the signing of Operation Chicago Partnership by UHS, JFI and CPS and shall continue until thirty (30) community trainings have been completed, but not less than one (1) year ("Term")), Universal Health Services, Inc. will guarantee The Jason Foundation, Inc. that it will remain its National Clinical Affiliate and maintain its current monthly funding support related to that separate affiliation as National Clinical Affiliate.

Specifically the Program objectives during the Term are outlined as follows:

- In collaboration with CPS Crisis Management, the full-time Operation Chicago Trainer will assist CPS Crisis Management with Office of Special Education and Support (OSES) Suicide Prevention Gatekeeper Training.
- 2. The Operation Chicago Trainer, at the discretion of CPS Crisis Management, will provide ongoing suicide awareness and prevention education training not only to CPS Crisis Management personnel, but make available to parents and students of schools that have been identified by CPS Crisis Management. The training dates and times will be coordinated between CPS Crisis Management and the JFI Chicago representative.
- 3. Both JFI Trainers will be cross-trained by CPS Crisis Management and The Jason Foundation in programs and resources.
- 4. The Operation Chicago Trainer will be available not only for the schools, but to help with community presentations (churches, youth organizations, civic clubs, etc). Scheduling of these requests will be at JFI and UHS's discretion and in collaboration with CPS Crisis Management.
- 5. JFI / UHS will make available In-Service Training and materials that will meet the recommendations set forth in The Jason Flatt Act in coordination with CPS Crisis Management requiring educators" training in youth suicide awareness and prevention. To the extent that the costs of such materials exceed the agreed upon budget, the costs of such additional materials shall be borne by CPS.
- After the expiration of the Term, UHS will continue to support and sustain the Suicide Prevention and Awareness initiative in collaboration with CPS Crisis Management and other school districts throughout the state; however, this shall not obligate UHS to provide any additional funding related to the Project. UHS currently supports three JFI

affiliate offices in Illinois and would offer ongoing support utilizing the following UHS/JFI sites:

- · Lincoln Prairie Behavioral Health center, Springfield
- Riveredge Hospital ,Forest Park
- Streamwood Behavioral Health system, Streamwood

This newly created partnership will provide the following resources and programs at no-cost to schools, churches, youth organizations or communities.

- (1) As listed previously, the network will provide necessary trainings / programs that will satisfy the recommendations of The Jason Flatt Act and will make available CEU's through CPS -for educators in youth suicide awareness and training incorporating the training materials developed by CPS Crisis Management and JFI. More importantly than satisfying recommendations, assisting with training the area's educators, parents and students will help save lives. This training will be provided by:
 - JFI Staff Presentations utilizing training materials from JFI and CPS Crisis Management
 - > JFI to assist CPS Crisis Management in providing an online training library creation of an online training session for non-clinical staff.
- (2) Operation Chicago will make available to each of CPS's schools JFI's school-based curriculum program in collaboration with CPS Crisis Management. This curriculum is the nation's most highly utilized school-based program that was created by clinicians, educators and the youth themselves addresses the public health issue in the 3rd person learning to help a friend. This curriculum is created for utilization within a Health & Wellness class for middle or high school. This provided under CA Budget proposal #A2(c)
- (3) Community Trainings / Awareness Seminars: These seminars work to establish a community understanding of the national public health problem of youth suicide and how it affects their local community. Warning signs and Elevated Risk Factors are discussed as well as resources are provided to turn to for help. Many times these seminars are provided by schools, churches and civic organizations as a service to the community.
- (4) The Field Office will help to coordinate making available all of the above described programs and resources and others that may be agreed upon of The Jason Foundation's in collaboration with CPS Crisis Management.
 - In collaboration with JFI and UHS and at the discretion of CPS, review and revise the trainings to include CPS Crisis Management Suicide Protocols when possible and feasible
 - Provide an orientation of expectations from CPS Crisis Management in collaboration with JFI and Universal Health Services.

- 3. Define the scope of targeted population.
- Determine the communicational channels to inform CPS Community about trainings.
- (5) Chicago Public Schools agrees that all intellectual property provided by JFI to CPS for purposes of this Project shall remain the property of JFI and shall not be altered without written permission from JFI. JFI also agrees that any and all intellectual property provided by CPS for purposes of this Project shall remain the property of CPS and shall not be altered without written permission from CPS. Further, upon expiration of the Term, JFI and CPS may enter into a written agreement for the continued use of such intellectual property for CPS Crisis Management, including any necessary upgrades or maintenance of any software/hardware intellectual property. The use of JFI's intellectual property, including JFI's online training library, is meant to provide access to such information, and not to be construed to obligate JFI or UHS to fund, produce or deliver a platform for CPS' own on-line library.
- (6) Any and all newly created programs/resources developed by this Program shall be jointly owned by CPS, JFI and UHS, except for as noted in #5 any stand alone programs that may be utilized in part to construct a newly created program/resource that program will remain the intellectual property of that original entity.

Progress Reports

CPS and JFI shall reasonably assist UHS in the preparation of progress reports as required by UHS in Paragraph A.4 of the Consent Agreement.

The Impact Area: Chicago School District

Number of Schools: 600+
Number of Students: 379,553
Number of Educators: 21,320

> General Population: 2,896,016 / 759,840 below age 18

The parties further agree that:

- No services shall be provided to the Board or any CPS students until an agreement is negotiated and executed between the relevant party and the Board;
- (2) No research activities shall be conducted in any CPS school or any student data obtained or used by any party hereunder prior to approval by the Board's Research Review Committee and execution of a data sharing agreement with the Board;
- (3) Said agreement(s) must be in compliance with all applicable state and federal laws, including, but not limited to, student privacy laws, Board Rules and policies; and
- (4) The Board is not undertaking any financial obligation by entering into this agreement; such obligations are contingent upon Board approval and appropriations.

This Proposal may be executed in two or more counterparts, each of which shall be deemed to be an original, but all of which shall constitute one in the same. Furthermore, this Proposal may be executed by facsimile or scanned signature of any party hereto, it being agreed that the facsimile or scanned signature of any party hereto shall be deemed an original for all purposes.

THE JASON FOUNDATION, INC.	CHICAGO PUBLIC SCHOOLS
Ву:	B(: Mar Multana)
Clark Flatt	Dave Watkins
Chief Executive Officer	Chief Financial Officer
UNIVERSAL HEALTH SERVICES, INC.	Approved as to legal form: VIVIV
Ву:	By: Jacky
Steve Filton	James L. Bebley
Chief Financial Officer	General Counsel

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Chief Executive Officer	Chief Financial Officer
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By: Lebra K. Cote	Ву:
Debra K. Osteen	James L. Bebley
Senior Vice President	General Counsel